



Supporting Carers in Penicuik

Do you provide care and support for a friend, neighbour, partner or other family member?

If the answer is yes, then you are a Carer and there is help available to support you in your caring role.

A VOCAL representative will be in Penicuik Medical Practice on the second Tuesday of each month 1pm – 4pm and in Eastfield Medical Practice on the last Wednesday of each month 9.30am – 12noon.

Why not book an appointment at reception to speak to someone from VOCAL and find out what support is available.

VOCAL is:

Recognised Scottish charity – SC020755

Private limited company (Scotland) – SC183050

