

## Application Form

### 1. Information about you – the carer

Name

Address

Postcode

Tel/Email

Date of Birth

/  /

Ethnicity

Gender

F

M

Have you applied to the fund before?

Y

N

If yes, when?

### 2. Is the Fund for me?

Are you an **adult carer** providing care for someone aged 21 years of age or over or are you a **young carer** caring for children or adults?

Y  N

Does the person you care for live in Midlothian (outwith a residential care setting)?

Y  N

Are you unable to finance the break yourself?

Y  N

Will this break give **you** a break from caring?

Y  N

Have you spoken to someone (e.g. Social worker, OT, Carer Support Worker, Teacher, Youth Worker) about your break?

Y  N

You are **not** applying for something that should be provided by statutory services?

Y  N

Priority will be given to people who have not been given funding previously.

We can't pay for breaks that should be provided by statutory services or your financial contribution.

### 3. Information about the person you care for/caring situation

Relationship to you

Date of Birth

/   /

Ethnicity

Do they live with you?

Y  N

Reason they require care

Please include all health issues and how they affect the person you care for

How long have you cared for them?

How many hours a week do you care for them?

Please describe your main caring role and include/detail other forms of support that you receive

Please include:  
. any formal help,  
. any informal help

## 4. Information about proposed break

Please complete with the person you have spoken to about your break

**What** are you applying for?

You can apply for anything that will give **YOU** a break from caring.

This could include:

- A weekend away
- Outdoor clothes to join a walking group
- A sitter service

How will the person you care for be supported while you are on your break?

We **can't** fund breaks that have already been booked or taken.

**When** will you have your wee break?

**Where** will you have your wee break?

**How much** will your break cost? *Please provide an approx. breakdown*

Average grants will be in the region of £250-350.

Examples of amounts awarded:

- £300 for comp. therapies
- £350 for a sitter service
- £250 for weekend away
- £500 for week away
- £400 for a shed
- £500 for driving lessons, annual membership for gym/class/group etc.

*Are you able to contribute anything towards the overall cost of the break? If so, please specify:*

Please describe the difference your wee break will make to you.

If you are taking the person you care for with you on your break, you must demonstrate why it will give you a break.

Consider what you have said when you describe your caring role and consider what will be different on the break.

People who have benefited from breaks have reported improvements in their health and wellbeing, stress levels, family relationships and caring situation.

## 5. Who have you spoken to?

Name
Where they work
Email
I have checked this form, added my comments to section 4 (or attach a copy of our outcomes conversation) and can confirm it is accurate and true. <span style="float: right;">Y</span>
Practitioners signature
How did you/they hear about this fund?

In order to ensure all applications are genuine you **MUST** have spoken to someone about your break and how it will benefit you. e.g. a GP, nurse, OT, Social Worker, Carer Support Worker, Teacher, Youth Worker.

## 6. Agreement to Terms & Conditions

- The information above is correct and I give permission for it to be shared with the panel
- I agree to complete a review of my break
- I will only use the grant for the break described in this application
- I will return receipts for my break. **Any money not accounted for will have to be returned**

Signature:

Date:

### Data Protection Statement:

The information provided in this form is stored on VOCAL's secure online carer system. This enables us to provide you with individual support and to let you know about events, training and other relevant opportunities. We may occasionally contact you by telephone. If you have provided an email address we will add your details to VOCAL's carer e-bulletin list. We will not share any personal information with a third party unless required to do so and will always seek to obtain consent first. Information is regularly checked to ensure it is accurate and up to date. If you wish to view the information we hold about you or if you wish your details to be removed, please contact VOCAL on 0131 663 6869.

Please tick here if you do not want VOCAL to do this \_\_\_\_