



For more information or to book an appointment, please contact us on
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VOCAL Midlothian Carer Centre
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www.midlothiancarers.co.uk
<https://www.facebook.com/MidlothianCarers>



HAPPY TO TRANSLATE

MOŻEMY PRZETŁUMACZYĆ আনন্দের সঙ্গে অনুবাদ করব

ترجمے کے لئے حاضر 很樂意翻譯 يسعدنا توفير الترجمة



Scottish Charity – SC020755

Company Registration – SC183050

Midlothian Carer Surgery Programme



Wills, Trusts &
Guardianship

Dementia
Adviser

Energy
Advice

Long Term
Care

Welfare
Rights

Health &
Wellbeing

Power of
Attorney

Self Directed
Support

**Carers have so many things to think about –
so why not book an appointment at one of our
specialist surgeries and let an advisor help you...**

VOCAL Midlothian is offering appointments with advice specialists to all carers who live in the Midlothian area.

POWER OF ATTORNEY SURGERY

A Power of Attorney is a written authorisation to represent or act on another person's behalf. At the surgery people and their carers can create Power of Attorney documentation replacing the need to visit a Solicitor. Power of Attorney is important for all of us but might be particularly useful if someone has a progressive condition.

Monthly – ½ hour appointment

MONEY MATTERS SURGERY

Appointments available to offer information, advice and support in understanding benefits and allowances; help to complete application forms; income maximisation; advice on entitlement and lots more...

Various appts available – 1 or 2 hour appointment

LEGAL SURGERY

Many carers are concerned about the future, especially the financial security of a loved one. Working in partnership with a Solicitor, VOCAL can offer a free 30 minute consultation for information and advice about key issues such as **Wills**, **Trusts** and **Guardianship**. These issues are important to everyone, but might be of particular interest for parent carers and for people caring for someone with confusion or memory problems.

Bi-monthly – ½ hour consultation

DEMENTIA ADVISER – Alzheimer Scotland

Nobody should face dementia alone. This surgery provides support, information and advice for people with dementia and also for their family and friends.

Monthly – 1 hour appointment

CARER HEALTH CHECK – Inequalities Health Team

Carer health-check with a nurse; who will listen and support you with issues that may affect your own health and wellbeing. Follow-up appointments also available to support and help you to make changes that will improve your health and wellbeing.

Monthly – 1 hour appointment

ENERGY SURGERY – Change Works

Across the UK gas and electricity prices are rising and carers are particularly affected as we often have heating and/or washing machine on more. The surgery will provide advice on understanding your bills and how to save money on bills, different suppliers and how to negotiate with suppliers if you are in fuel debt.

Monthly – 45 mins appointment

LONG TERM CARE PLANNING SURGERY

Many carers are concerned about paying for care home fees, how much they will have to pay and what happens to property. Some may have concerns around paying for care at home. A Chartered Financial Adviser and Society of Later Life (SOLLA) adviser can explore options with carers. This surgery would be of most benefit to carers where the move to long term care may take place in the next twelve months.

Monthly – 1 hour appointment

SELF DIRECTED SUPPORT (SDS)

Often carers are unsure what Self Directed Support is and how to access. These appointments can support carers to better understand how to arrange a care package, inform them of their options and choices and support with preparing for an assessment.

Monthly – 45minute appointment