

Time to Live Application Form

Time to Live is an initiative to improve the range and choice of short breaks for carers and the people they care for.

1. Information about you – the carer

Name	
Address	
Postcode	
Tel/Email	
Date of Birth	<input type="text"/> / <input type="text"/> / <input type="text"/>
Ethnicity	Gender F <input type="checkbox"/> M <input type="checkbox"/>
Have you applied to the fund before?	Y <input type="checkbox"/> N <input type="checkbox"/>

If yes, when?

2. Is the Fund for me?

Are you an **adult carer** providing care for someone over 21 years of age or are you a **young carer** caring for children or adults?

Y	<input type="checkbox"/>	N	<input type="checkbox"/>
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Priority will be given to people who have not been given funding previously and those who can evidence receipt of a means tested benefit.

Does the person you care for live in Midlothian (outwith a residential care setting)?

Y	<input type="checkbox"/>	N	<input type="checkbox"/>
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Examples of means tested benefits:

If you are an adult carer, can you evidence receipt of a means tested benefit?

Y	<input type="checkbox"/>	N	<input type="checkbox"/>
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Income-based Jobseeker's Allowance
Income-related Employment and Support Allowance

If not in receipt of a means tested benefit, are you open to discussing your financial situation and providing a full breakdown of household income and expenditure?

Y	<input type="checkbox"/>	N	<input type="checkbox"/>
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Income Support
Pension Credit

Have you spoken to someone (e.g. Social Worker, OT, Carer support worker) about your break?

Y	<input type="checkbox"/>	N	<input type="checkbox"/>
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Child / Working Tax Credits

Housing Benefit

Council Tax Reduction (not single occupancy discount)

Universal Credit

You are NOT applying for something that should be

Y	<input type="checkbox"/>	N	<input type="checkbox"/>
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We can't pay for breaks that should

3. Information about the person you care for/caring situation

Relationship to you

provided by NHS or Local Authority?

be provided by statutory services or your financial contribution.

Date of Birth

/ /



Ethnicity

Do they live with you?

Y N

Reason they require care

Please include all health issues and how they affect the person you care for

How long have you cared for them?

How many hours a week do you care for them?

Please describe your main caring role



Please include:
. any formal help you receive,
. any informal help you receive

4. Information about proposed break

Please complete with the person you have spoken to about your break

What are you applying for?

You can apply for anything that will give **YOU** a break from caring. This could include:

- A weekend away
- Outdoor clothes to join a walking group
- A 'sitter service'

We can't fund breaks that have already been booked or taken.

How will the person you care for be supported while you are on your break?

When will you have your wee break?

Where will you have your wee break?

How much will your wee break cost?

Please provide an approximate breakdown

You can apply for up to £500 however average grant awards will be in the region of £200-£350. NB only 1 application per year can be made.

Examples of amounts awarded:

- £250 for complimentary therapies
- £150 for a long weekend
- £300 for week long break

Please describe the difference your wee break will make to you.

If you are taking the person you care for with you on your break, you must demonstrate why it will give you a break.

Consider what you have said when you describe your caring role, and consider what will be different on this break.

People who have benefited from breaks before have reported improvements in their health and wellbeing, stress levels, family relationships, and caring situation.

5. Finances

For adult carers, priority is given to those in receipt of a means tested benefit

Please tick which means tested benefits you are in receipt of:

- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Income Support
- Pension Credit
- Child Tax Credits or Working Tax Credits
- Housing Benefit
- Council Tax Reduction (not single occupancy discount)
- Universal Credit

Evidence of your benefit is required e.g. recent award letter - please attach with your application form.

Do you have more than £5000 savings?

Yes / No (please circle)

Please provide any other financial information that you feel would be relevant.

6. Who have you spoken to?

Name

Where they work

Email

I have checked this form, added my comments to section 4 (or attach a copy of our outcomes conversation) and can confirm it is accurate and true.

Y

Practitioners signature

How did you/they hear about this fund?

In order to ensure all applications are genuine you MUST have spoken to someone about your break and how it will benefit you. e.g. a GP, nurse, OT, Social Worker, Carer Support Worker, Teacher, Youth Worker.

Agreement to terms and conditions

- The information above is correct and I give permission for it to be shared with the panel.
- I agree to complete a review of my break.
- I will only use the grant for the break described above.
- I will return receipts for my break. **Any money not accounted for will have to be returned.**

Signature:

Date:

Data Protection Statement:

The information provided in this form is stored on VOCAL's secure online carer system. This enables us to provide you with individual support and to let you know about events, training and other relevant opportunities. We may occasionally contact you by telephone. If you have provided an email address we will add your details to VOCAL's carer e-bulletin list. We will not share any personal information with a third party unless required to do so and will always seek to obtain consent first. Information is regularly checked to ensure it is accurate and up to date. If you wish to view the information we hold about you or if you wish your details to be removed, please contact VOCAL on 0131 663 6869.

Please tick here if you do not want VOCAL to do this ____